



Preliminary program
Camp in Enköping, Sweden, and
4 Nations Tournament in Stupino, Moscow
Region, Russia, during December 11-17 2018



Team Sweden Women U18

Date	Time	Activity	Venue
Tue. Dec 11	~ 09.00	Bus to Ritorp	Hovet
	~ 09.30	Bus to Arlanda	Ritorp
	~ 10.15	Bus to Enköping by the arena (~1,15)	
	11.30	Assembly with lunch	Hotel
	12.30-13.30	Team meeting	Hotel
	14.45-15.00	Ice practice - Goalie	Bahcohallen
	15.00-16.20	Ice practice	Bahcohallen
	~ 17.45	Dinner	Hotel
		Team meeting	Hotel
	21.30	Evening snack	Hotel
Wed. Dec 12	07.00	Breakfast	Hotel
	08.45-09.00	Ice practice - Goalie	Bahcohallen
	09.00-10.20	Ice practice	Bahcohallen
	11.30	Lunch	Hotel
	14.15-14.30	Ice practice - Goalie	Bahcohallen
	14.30-15.50	Ice practice	Bahcohallen
	17.00	Dinner	Hotel
	Team meeting	Hotel	
21.00	Evening snack	Hotel	
Thu. Dec 13	05.30	Breakfast and check out	Hotel
	06.00	Bus to airport	Hotel
	09.05	Departure	Airport
	11.25	Arrival	Airport
	12.20	Departure	Airport
	17.35	Arrival	Airport
	~ 18.05	Bus hotel by the arena (~1,15h), with water, sandwich and fruit on the bus	Airport
	19.30	Dinner and check in	Hotel
Fri. Dec 14	07.00	Breakfast	Hotel
	07.50	Bus to arena (~3,5 km, 10 min)	Hotel
	09.00-09.45	Game skate	Main Arena, Stupino
	10.45	Bus to hotel	Main Arena, Stupino
	11.00	Lunch	Hotel
	12.20	Bus to arena	Hotel
	14.30	GAME SWE - CZE	Main Arena, Stupino
	17.30	Bus to hotel	Main Arena, Stupino
	17.40	Dinner	Hotel
	21.30	Evening snack	Hotel

Sat. Dec 15	07.00	Breakfast	Hotel
	07.50	Bus to arena	Hotel
	09.00-09.45	Game skate	Main Arena, Stupino
	10.45	Bus to hotel	Main Arena, Stupino
	11.00	Lunch	Hotel
	12.20	Bus to arena	Hotel
	14.30	GAME SWE - FIN	Main Arena, Stupino
	17.30	Bus to hotel	Main Arena, Stupino
	21.30	Evening snack	Hotel

Sun. Dec 16	07.00	Team activity	Hotel
	07.30	Breakfast	Hotel
	10.00	Lunch	Hotel
	10.50	Bus to arena	Hotel
	13.00	GAME RUS - SWE	Main Arena, Stupino
	16.00	Bus to hotel	Main Arena, Stupino
	16.10	Dinner	Hotel
	20.00	Evening snack	Hotel

Mon. Dec 17	TBA	Breakfast	Hotel
	TBA	Bus to airport by the arena	Main Arena, Stupino
	09.05	Departure	Airport
	10.50	Arrival	Airport
	12.15	Departure	Airport
	14.20	Arrival	Airport

Home journeys

Team Leaders

Sofie Wallin	Team Manager
Alexander Bröms	Head Coach
Kicki Lundberg	Assistant Coach
Valentina Lizana Wallner	Goalie Coach
Jens Fredriksson	Video Coach
Charlotta Munck	Doctor
Elin Uusitalo	Physiotherapist 11-12/12
Kjell Klintberg	Equipment Manager

Game schedule

Dec 14	14.30	CZE - SWE	17.45	Opening ceremony	Main Arena, Stupino
Dec 14			18.00	RUS- FIN	Main Arena, Stupino
Dec 15	14.30	SWE - FIN	18.00	CZE - RUS	Main Arena, Stupino
Dec 16	13.00	RUS - SWE	16.30	FIN - CZE	Main Arena, Stupino
			18.45	Closing ceremony	Main Arena, Stupino