



SCHEDULE TEAM 18 SWEDEN

Camp and 4 Nations Tournament in Sundsvall,
Sweden, during November 3-10 2014



TEAM 18

Date	Time	Activity	Venue
Mon. Nov 3	~07.00	Bus from SIF kontoret Lunch on the way	Tjrhornsgränd 6
	14.00	Assembly with lunch (pasta)	Scandic Sundsvall Nord
	17.00-18.30	Ice practice	Sundsvall Energi Arena
	19.30	Dinner	Scandic Sundsvall Nord
	21.30	Evening snack	Scandic Sundsvall Nord
Tue. Nov 4	08.00	Breakfast	Scandic Sundsvall Nord
	10.00-11.30	Ice practice	Sundsvall Energi Arena
	12.30	Lunch	Scandic Sundsvall Nord
	17.00-18.30	Ice practice	Sundsvall Energi Arena
	19.30	Dinner	Scandic Sundsvall Nord
21.30	Evening snack	Scandic Sundsvall Nord	
Wed. Nov 5		Breakfast	Scandic Sundsvall Nord
	10.45-11.30	Ice practice	Sundsvall Energi Arena
	12.30	Lunch	Scandic Sundsvall Nord
	16.00	Pre game meal (pasta)	Scandic Sundsvall Nord
	16.30	Bus to Kovland	
	19.00	GAME SWE – USA	Ånäshallen
~22.00	Bus to the hotel		
~22.30	Dinner	Scandic Sundsvall Nord	
Thu. Nov 6	07.00	Breakfast	Scandic Sundsvall Nord
	09.30-11.00	Ice practice	Sundsvall Energi Arena
	12.00	Lunch	Scandic Sundsvall Nord
	15.00-16.30	Ice practice	Scandic Sundsvall Nord
	17.30	Dinner	Scandic Sundsvall Nord
	20.30	Dinner no2	Scandic Sundsvall Nord
Fri. Nov 7	09.00	Breakfast	Scandic Sundsvall Nord
	11.15-11.45	Ice practice	Sundsvall Energi Arena
	12.45	Lunch	Scandic Sundsvall Nord
	16.00	Pre game meal (pasta)	Scandic Sundsvall Nord
	19.00	GAME SWE – SUI	Sundsvall Energi Arena
~22.00	Dinner	Scandic Sundsvall Nord	
Sat. Nov 8	08.00	Breakfast	Scandic Sundsvall Nord
	10.45-11.15	Ice practice	Sundsvall Energi Arena
	12.15	Lunch	Scandic Sundsvall Nord
	14.15	Pre game snack	Scandic Sundsvall Nord
	16.30	GAME SWE – FIN	Sundsvall Energi Arena
~19.30	Dinner	Scandic Sundsvall Nord	
Sun. Nov 9		Breakfast	Scandic Sundsvall Nord
	09.00-09.30	Ice practice	Sundsvall Energi Arena
	11.15	Lunch	Scandic Sundsvall Nord
	14.30	GAME SWE – USA	Sundsvall Energi Arena
	~17.30	Dinner	Scandic Sundsvall Nord
~18.00	Bus to Arlanda Home journeys or overnight stay at Arlanda Hotellby		

Mon. Nov 10

Breakfast
Home journeys

Best Western Arlanda Hotellby

Team leaders

Andreas Spångberg Team Manager
Jim Brithén Head Coach
Stefan Bergkvist Assistant Coach
Anders Palm Goalie Coach
Billy Nilsson Physiotherapist
Peter Sahlins Equipment Manager

Hotels

Scandic Sundsvall Nord, Vårdshusbacken 6, 856 50 Sundsvall

Best Western Arlanda Hotellby, Bristagatan 22, 190 45 Stockholm-Arlanda, Sweden