



SCHEDULE TEAM SWEDEN

Elite Camp U18, Upplands Väsby

during December 15-18, 2015

Date	Time	Activity	Venue
Tue. Dec 15	~10.15	Bus from Arlanda to Upplands Väsby	Arlanda T4
	10.45	Assembly	Scandic Upplands Väsby
	11.00	Lunch	Scandic Upplands Väsby
		Team meeting	Scandic Upplands Väsby
<u>Goalie</u>	13.00-13.30	Ice practice	Vilundaparkens ishall
<u>Group 2</u>	13.30-14.50	Ice practice	Vilundaparkens ishall
	15.30	Dinner	Scandic Upplands Väsby
<u>Goalie</u>	17.00-17.30	Ice practice	Vilundaparkens ishall
<u>Group 1</u>	17.30-18.50	Ice practice	Vilundaparkens ishall
	19.30	Dinner	Scandic Upplands Väsby
	20.15	Team meeting	Scandic Upplands Väsby
	21.30	Evening snack	Scandic Upplands Väsby
Wedn. Dec 16	07.30	Breakfast	Scandic Upplands Väsby
<u>Goalie</u>	09.00-11.20	Ice practice	Vilundaparkens ishall
<u>Defensemen</u>	09.20-10.20	Ice practice	Vilundaparkens ishall
<u>Forwards</u>	10.30-11.35	Ice practice	Vilundaparkens ishall
	11.30-12.30	Lunch	Scandic Upplands Väsby
<u>Goalie</u>	13.00-15.20	Ice practice	Vilundaparkens ishall
<u>Group 2</u>	13.20-14.10	Ice practice	Vilundaparkens ishall
<u>Group 1</u>	14.25-15.15	Ice practice	Vilundaparkens ishall
	~15.30	Pre game meal (pasta and sauce)	Scandic Upplands Väsby
<u>Group 1</u>	18.00	GAME Yellow U18– Blue U17 (3x20min)	Vilundaparkens ishall
<u>Group 2</u>	18.30	GAME Yellow U17 – Blue U18 (3x20min)	Contigahallen
	~21.00	Dinner	Scandic Upplands Väsby
	21.30	Team meeting	Scandic Upplands Väsby
	~22.30	Evening snack	Scandic Upplands Väsby
Thu. Dec 17	07.30-08.30	Breakfast	Scandic Upplands Väsby
<u>Goalie</u>	08.30-11.20	Ice practice	Vilundaparkens ishall
<u>Group 1</u>	08.50-09.50	Ice practice	Vilundaparkens ishall
<u>Group 2</u>	09.00-09.20	Team meeting	Scandic Upplands Väsby
<u>Group 2</u>	10.05-11.05	Ice practice	Vilundaparkens ishall
	11.00-12.00	Lunch	Scandic Upplands Väsby
<u>Forwards</u>	13.30-14.10	Ice practice	Vilundaparkens ishall
<u>Defensemen</u>	14.20-15.00	Ice practice	Vilundaparkens ishall
	~15.30	Pre game meal (pasta and sauce)	Scandic Upplands Väsby
	18.30	GAME YELLOW - BLUE (3x15min)	Vilundaparkens ishall
	20.30	Dinner	Scandic Upplands Väsby
	21.00	Team meeting	Scandic Upplands Väsby
	22.00	Evening snack	Scandic Upplands Väsby
Fri. Dec 18	07.30	Breakfast	Scandic Upplands Väsby
<u>Goalie</u>	09.00-09.30	Ice practice	Vilundaparkens ishall
<u>All players</u>	09.30-11.35	Ice practice	Vilundaparkens ishall
	12.10	Lunch	Scandic Upplands Väsby
		Bus to Arlanda T4	
		Home journeys	

Vad gäller övriga tider/aktiviteter så går ni efter dagsprogram som finns uppsatt i hallen