



TEAM 19 SWEDEN
5 Nations Tournament in Hradec Králové,
Czech Republic, during February 12-18 2018



TEAM 19

Date	Time	Activity	Venue
Mon. Feb 12	10.00	Assembly	Arlanda T5, Norwegian check-in
	~10.45	Lunch	Alfredo's, Sky City
	12.25	Departure with DY4571	Arlanda T5
	14.20	Arrival to Prague	Prague airport
		Bus to the arena and hotel (1½ h)	
	~16.30	Lunch, pasta and sauce	Hotel U kralovny Elisky
	18.30-19.30	Ice practice	CPP Arena
	20.30	Dinner	Hotel U kralovny Elisky
Tue. Feb 13	08.00-09.30	Breakfast	Hotel U kralovny Elisky
	11.30	Lunch	Hotel U kralovny Elisky
	13.45-15.45	Ice practice	CPP Arena
	17.00	Dinner	Hotel U kralovny Elisky
	21.00	Evening snack	Hotel U kralovny Elisky
Wed. Feb 14	06.30-07.15	Breakfast	Hotel U kralovny Elisky
	08.15-08.45	Ice practice	CPP Arena
	10.00	Lunch	Hotel U kralovny Elisky
	11.45	Pre game snack	Hotel U kralovny Elisky
	14.30	GAME FIN – SWE	CPP Arena
	17.30	Dinner	Hotel U kralovny Elisky
	21.30	Evening snack	Hotel U kralovny Elisky
Thu. Feb 15	07.00-07.45	Breakfast	Hotel U kralovny Elisky
	08.45-09.15	Ice practice	CPP Arena
	09.30	Lunch	Hotel U kralovny Elisky
	12.00	GAME SWE – GER	CPP Arena
	15.30	Dinner	Hotel U kralovny Elisky
	20.30	Evening snack	Hotel U kralovny Elisky
Fri. Feb 16	07.00-08.00	Breakfast	Hotel U kralovny Elisky
	09.00-09.30	Ice practice	CPP Arena
	10.30	Lunch	Hotel U kralovny Elisky
	12.00	Pre game snack	Hotel U kralovny Elisky
	14.30	GAME SUI – SWE	CPP Arena
	17.30	Dinner	Hotel U kralovny Elisky
	21.30	Evening snack	Hotel U kralovny Elisky
Sat. Feb 17	07.15-08.15	Breakfast	Hotel U kralovny Elisky
	09.15-09.45	Ice practice	CPP Arena
	11.00	Lunch	Hotel U kralovny Elisky
	14.00	Pre game meal, pasta and sauce	Hotel U kralovny Elisky
	17.00	GAME CZE – SWE	CPP Arena
	20.15	Dinner	Hotel U kralovny Elisky
Sun. Feb 18		Breakfast	Hotel U kralovny Elisky
		Bus to Prague airport	
	11.45	Departure with SK768	
	13.05	Arrival to Copenhagen	Kastrup airport
	14.25	Departure with SK406	
	15.35	Arrival to Stockholm	Arlanda T5
		Home journeys	

Contact persons

Nitze Landén	Team Manager
Anders Johansson	Head Coach
Anders Eriksén	Assistant Coach
Adam Almqvist Andersson	Video Coach
Arne Wickström	Doctor
Pär Thures	Physiotherapist
Per-Åke Bäckman	Equipment Manager
Tobias Johansson	Trainee Coach