



“RUSSIN” CAMP Team 17

In Norrtälje during May 20-25 2015

Date	Time	Activity	Venue
Wed. May 20	08.30	Assembly players from Stockholm	Bosön
	09.00	Off ice practice/tests	Bosön
	TBA	Bus from Arlanda T4 to Bosön	Arlanda T4
	11.30	Assembly all players	Bosön
	11.30	Lunch	Bosön
	14.00-20.00	Off ice practice/tests	Bosön
	20.30-31.30	Bus to Norrtälje Ice practice	Contigahallen
Thu. May 21	08.00	Breakfast	Hotel Roslagen
	13.00-13.30	Ice practice, goalie	Contigahallen
	13.45-15.00	Ice practice, blue	Contigahallen
	18.00-18.30	Ice practice, goalie	Contigahallen
	18.45-20.00	Ice practice, blue	Contigahallen
Fri. May 22	07.30	Breakfast	Hotel Roslagen
	08.15-09.15	Ice practice, goalie	Contigahallen
	11.00-12.15	Ice practice, blue	Contigahallen
	13.15-14.15	Ice practice, goalie	Contigahallen
	15.30-16.30	Ice practice, goalie	Contigahallen
	18.00	GAME YELLOW – BLUE (3x15 min)	Contigahallen
Sat. May 23	07.30	Breakfast	Hotel Roslagen
	08.15-09.15	Ice practice, goalie	Contigahallen
	09.30-10.45	Ice practice, blue	Contigahallen
	13.15-14.15	Ice practice, goalie	Contigahallen
	15.30-16.30	Ice practice, goalie	Contigahallen
	18.00	GAME YELLOW – BLUE (3x15 min)	Contigahallen
Sun. May 24	07.30	Breakfast	Hotel Roslagen
	09.15-10.00	Ice practice, goalie	Contigahallen
	10.15-11.30	Ice practice, blue	Contigahallen
	15.15-16.00	Ice practice, goalie	Contigahallen
	16.15-17.15	Ice practice, blue	Contigahallen
Mon. May 25	07.30	Breakfast	Hotel Roslagen
	08.30-09.30	Ice practice, goalie	Contigahallen
	10.00	GAME YELLOW – BLUE (3x15 min)	Contigahallen
	14.00	Bus to Arlanda T4 Home journeys	

All meals except breakfast will be served at Roslagens Sportrestaurang

You will have a daily schedule in the locker room, with all activities for the day