



TEAM 20 SWEDEN

National Junior Camp in Plymouth, MI,
USA, during July 24–August 8, 2016



TEAM 17

Date	Time	Activity	Venue
Sun. July 24		Assembly Dinner	Clarion Hotel Arlanda
Mon. July 25		Breakfast	
	06.20	Departure with LH809	Arlanda T5
	08.30	Arrival to Frankfurt	
	10.00	Departure with LH442	Frankfurt airport
	13.10	Arrival to Detroit	
		Bus and truck to hotel and arena	
		Check in	Holiday Inn Express
		Lunch	USA Hockey Arena
		Dinner	USA Hockey Arena
Tue. July 26	08.00	Breakfast	Holiday Inn Express
	09.30-10.50	Ice practice	USA Hockey Arena
	12.15	Lunch	USA Hockey Arena
	16.30-17.50	Ice practice	USA Hockey Arena
	19.15	Dinner	USA Hockey Arena
	21.30	Evening snack	USA Hockey Arena
Wed. July 27	08.00	Breakfast	Holiday Inn Express
	09.30-10.50	Ice practice	USA Hockey Arena
	12.15	Lunch	USA Hockey Arena
	16.30-17.50	Ice practice	USA Hockey Arena
	19.15	Dinner	USA Hockey Arena
	21.30	Evening snack	USA Hockey Arena
Thu. July 28	08.00	Breakfast	Holiday Inn Express
	09.30-10.50	Ice practice	USA Hockey Arena
	12.15	Lunch	USA Hockey Arena
	16.30-17.50	Ice practice	USA Hockey Arena
	19.15	Dinner	USA Hockey Arena
	21.30	Evening snack	USA Hockey Arena
Fri. July 29		Breakfast	Holiday Inn Express
	12.00-13.30	Ice practice	USA Hockey Arena
	14.30	Lunch	USA Hockey Arena
	18.00	Dinner	USA Hockey Arena
	21.30	Evening snack	USA Hockey Arena
Sat. July 30		Breakfast	USA Hockey Arena
	12.00-13.30	Ice practice	USA Hockey Arena
	14.30	Lunch	
	18.00	Dinner	USA Hockey Arena
	21.30	Evening snack	USA Hockey Arena
Sun. July 31		Breakfast	USA Hockey Arena
	08.15-08.45	Ice practice	USA Hockey Arena
	10.00	Lunch	USA Hockey Arena
	13.00	GAME USA white – SWE	USA Hockey Arena
	~16.00	Dinner	USA Hockey Arena
	20.00	Evening snack	USA Hockey Arena
Mon. Aug 1		Breakfast	USA Hockey Arena
	08.15-08.45	Ice practice	USA Hockey Arena
	10.00	Lunch	USA Hockey Arena

	13.00 ~16.00 20.00	GAME USA blue – SWE Dinner Evening snack	USA Hockey Arena USA Hockey Arena USA Hockey Arena
Tue. Aug 2	10.00-11.30 12.15 16.30 20.30	Breakfast Ice practice Lunch Dinner Evening snack	USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena
Wed. Aug 3	09.00-09.30 10.45 13.30 16.00 ~19.00 22.00	Breakfast Ice practice Lunch Pre game meal GAME USA – SWE Dinner Evening snack	USA Hockey Arena USA Hockey Arena, Olympic USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena
Thu. Aug 4	11.30	Breakfast Lunch Team activity Dinner Evening snack	USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena
Fri. Aug 5	09.00-09.30 10.30 13.00 ~16.00 20.00	Breakfast Ice practice Lunch GAME SWE – CAN Dinner Evening snack	USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena
Sat. Aug 6	09.00-09.30 10.45 13.30 16.00 ~19.00 22.00	Breakfast Ice practice Lunch Pre game meal GAME SWE – FIN Dinner Evening snack	USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena USA Hockey Arena
Sun. Aug 7	15.30	Breakfast Bus to Detroit Departure with LH443	USA Hockey Arena Detroit airport
Mon. Aug 8	05.40 07.10 09.15	Arrival to Frankfurt Departure with LH800 Arrival to Stockholm Home journeys	 Frankfurt airport Arlanda T5

Team Leaders

Jonas Fransson	Team Manager	Adam Almqvist Andersson	Video Coach
Tomas Montén	Head Coach	Arne Wickström	Doctor
Anders Johansson	Assistant Coach	Pär Thures	Physiotherapist
Nizze Landén	Goalie Coach	Per-Åke Bäckman	Equipment Manager

Hotel

Holiday Inn Express, 15100 Beck Rd, Plymouth, MI 48170, USA