



Preliminary program
Camp in Uppsala, Sweden, and
4 Nations Tournament in Dmitrov, Moscow Region, Russia,
during November 3-9 2015



Team Sweden Women U18

Date	Time	Activity	Venue
Tue. Nov 3	17.45-19.00	Ice practice	Gränbyhallen, C
	19.55	Bus to hotel	Gränbyhallen
	20.00	Dinner	Scandic Uppsala Nord
Wed. Nov 4	06.30-07.45	Breakfast	Scandic Uppsala Nord
	09.00-11.00	Ice practice	Gränbyhallen, C
	12.15	Lunch	Scandic Uppsala Nord
	15.00-16.15	Ice practice	Gränbyhallen, C
	17.30	Dinner	Scandic Uppsala Nord
	TBA	Team activity	Scandic Uppsala Nord
21.30	Evening snack	Scandic Uppsala Nord	
Thu. Nov 5	08.00-09.30	Breakfast and check out	Scandic Uppsala Nord
	09.30	Bus to arena	Scandic Uppsala Nord
	10.00	Bus to ArlandaT5 and check in	Gränbyhallen
	11.00	Lunch	Rai Due
	12.50	Departure with SU2211	Arlanda T5
	16.55	Arrival to Moscow	Sheremetyevo airport
	17.30	Bus to the arena with water, sandwich and fruit on the bus	Sheremetyevo airport
	19.30	Dinner and check in	Hotel Kristall
Fri. Nov 6	06.00-07.15	Breakfast	Hotel Kristall
	08.00-08.45	Game skate	Dmitrov Arena
	11.00	Lunch	Hotel Kristall
	14.30	GAME GER - SWE	Dmitrov Arena
	17.30	Dinner	Hotel Kristall
	21.00	Evening snack	Hotel Kristall
Sat. Nov 7	07.00-08.15	Breakfast	Hotel Kristall
	09.00-09.45	Game skate	Dmitrov Arena
	11.00	Lunch	Hotel Kristall
	14.30	GAME SWE - FIN	Dmitrov Arena
	17.30	Dinner	Hotel Kristall
	21.00	Evening snack	Hotel Kristall
Sun. Nov 8	07.00-08.15	Breakfast	Hotel Kristall
	09.00-09.45	Game skate	Dmitrov Arena, Rink 1
	10.30	Lunch	Hotel Kristall
	13.00	Pre game snack	Hotel Kristall
	15.30	GAME RUS - SWE	Dmitrov Arena
	18.30	Dinner	Hotel Kristall
	21.30	Evening snack	Hotel Kristall
Mon. Nov 9	TBA	Breakfast	Hotel Kristall
	TBA	Bus to airport	Dmitrov Arena
	11.20	Departure with SU2210	Sheremetyevo airport
	11.40	Arrival to Stockholm	Arlanda T5
		Home journeys	

Contact persons

Team Manager	Stefan af Bjur	
Head Coach	Ylva Lindberg	
Assistant Coach	Madeleine Östling	
Video Coach	Kim Marti'n Hasson	
Physiotherapist	Sofia Hedlund	3-4/11
Doctor	Ola Hallert	5-9/11
Equipment Manager	Kjell Klintberg	

Hotels

Uppsala

Scandic Uppsala Nord, Gamla Uppslagatan 50, 754 25 Uppsala, Sweden

Moscow

Hotel Kristall, Dmitrov, Professionalnaya str., 28, Dmitrov city 141800, Moscow region, Russia

Game schedule

Nov 6	14.30	GER - SWE	Dmitrov Arena
Nov 6	18.45	Opening ceremony	Dmitrov Arena
Nov 6	19.00	RUS- FIN	Dmitrov Arena
Nov 7	14.30	SWE - FIN	Dmitrov Arena
Nov 7	19.00	GER - RUS	Dmitrov Arena
Nov 8	12.00	FIN - GER	Dmitrov Arena
Nov 8	15.30	RUS - SWE	Dmitrov Arena
Nov 8	18.00	Closing ceremony	Dmitrov Arena