



# “RUSSIN” CAMP Team 18

In Falun during July 30-August 4 2017

Date	Time	Activity	Venue
<b>Sun. July 30</b>	08.30	Assembly, see travel plan	Falun
	09.00	Off ice practice/tests	Falun
	TBA	Bus from Arlanda T4 to Falun	Arlanda T4
	12.30	Assembly all players	Falun
	13.00	Lunch	Falun
	14.00-19.00	Off ice practice/tests	Falun
	20.30-21.30	Ice practice	Lugnets Ishall
<b>Mon. July 31</b>	07.30	Breakfast	Scandic Lugnet
	11.30-12.45	Ice practice, yellow	Lugnets Ishall
	18.00-18.30	Ice practice, goalie	Lugnets Ishall
	18.45-20.00	Ice practice, yellow	Lugnets Ishall
<b>Tue. Aug 1</b>	07.30	Breakfast	Scandic Lugnet
	09.00-10.00	Ice practice, yellow	Lugnets Ishall
	10.15-11.15	Ice practice, yellow	Lugnets Ishall
	16.30-17.00	Ice practice, goalie	Lugnets Ishall
	17.00-18.15	Ice practice, yellow	Lugnets Ishall
<b>Wed. Aug 2</b>	07.30	Breakfast	Scandic Lugnet
	09.30-09.45	Ice practice, goalie	Lugnets Ishall
	09.45-10.45	Ice practice, yellow	Lugnets Ishall
	13.15-14.15	Ice practice, goalie	lugnets Ishall
	18.00	<b>GAME YELLOW (Team 18) – BLUE (Team 17)</b> (3x15 min)	Lugnets Ishall
<b>Thu. Aug 3</b>	07.30	Breakfast	Scandic Lugnet
	08.45-09.00	Ice practice, goalie	Lugnets Ishall
	09.00-10.00	Ice practice, yellow	Lugnets Ishall
	13.45-14.15	Ice practice, goalie	Lugnets Ishall
	14.15-15.30	Ice practice, yellow	Lugnets Ishall
<b>Fri. Aug 4</b>	07.30	Breakfast	Scandic Lugnet
	08.45-09.00	Ice practice, goalie	Lugnets Ishall
	09.00-10.00	Ice practice, yellow	Lugnets Ishall
	<b>15.00</b> ~19.00	<b>GAME YELLOW (Team 18) – Örebro HK J20</b> Bus to Best Western Arlanda Hotellby	<b>Lugnets Ishall</b>

You will have a daily schedule in the locker room, with all activities for the day